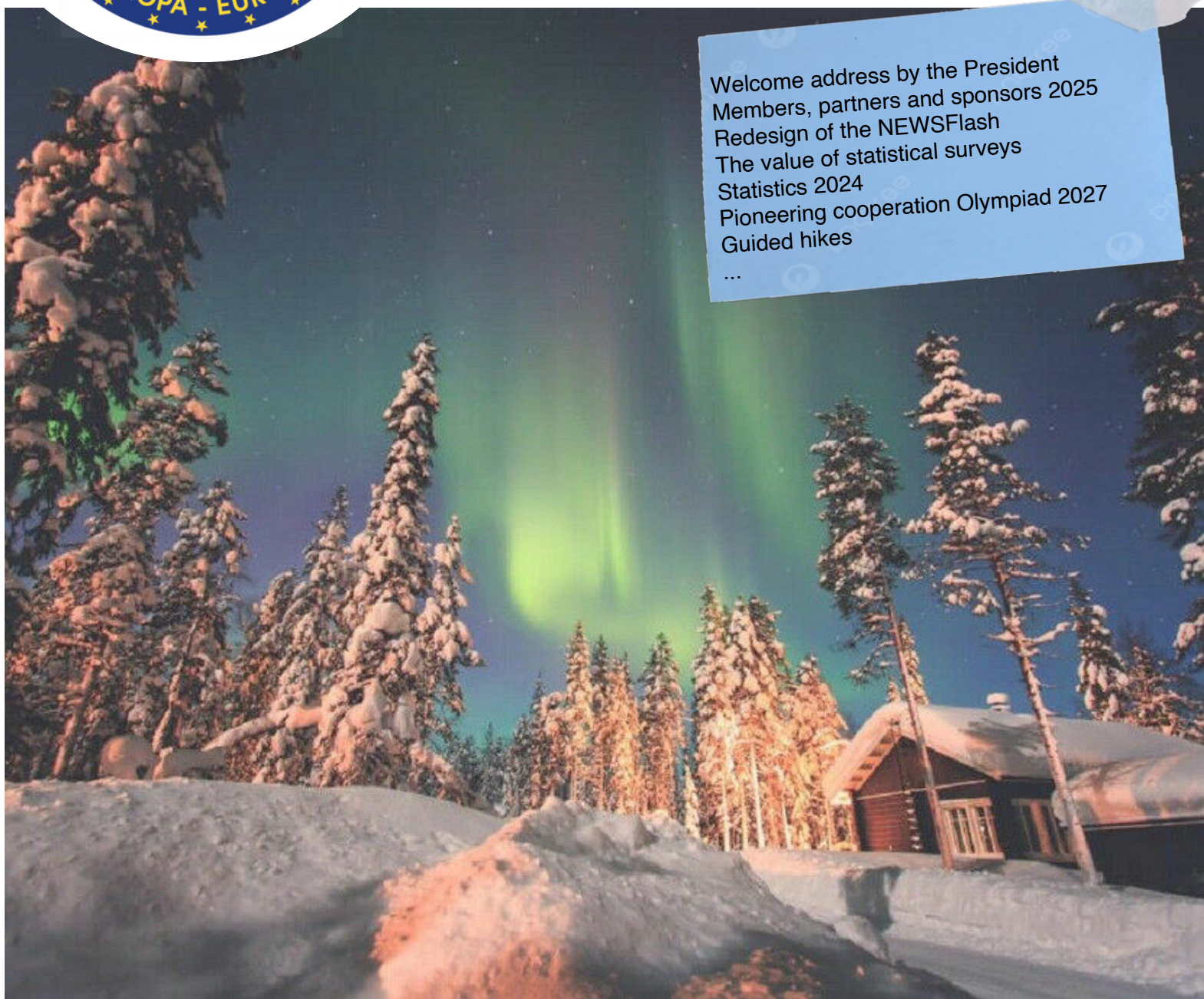




Aktiv!

Welcome address by the President
Members, partners and sponsors 2025
Redesign of the NEWSFlash
The value of statistical surveys
Statistics 2024
Pioneering cooperation Olympiad 2027
Guided hikes
...



**IVV-OLYMPIADE 14. - 17. AUGUST 2025
TAMPERE, FINLAND**



Europäischer Volkssport Verband a.s.b.l.
Fédération Européenne de Sports Populaires a.s.b.l.
European Federation of Popular Sports (EFP)

Kontakt/Contact • B.P. 56 • L-9201 Diekirch • GSM: (+352) 691 302 687 • E-Mail: info@ivv-Europa.eu

N° registre de commerce: FB455



Welcome address by the President



New Year's greeting from the President of IVV-Europe

Dear IVV family, dear hiking friends,

I would like to wish you all a happy, healthy and peaceful New Year. I hope that you and your loved ones can start the New Year full of joy, good health and, of course, many wonderful walking experiences.

Community and cohesion are our top priorities at IVV-Europe. Our mission is to foster connections between people. Through our Newsflash and communication via social networks, we aim to build a strong community of IVV members. By sharing information, giving valuable advice and experiencing the excitement of walking and nature together, we create a sense of being together that unites us all.

The Newsflash, our permanent and up-to-date magazine, has been updated in readability and design to better reflect the activities of IVV-Europe and to reach a wider audience. The title has been changed to emphasise the importance of our community and to communicate our values more clearly.

Our national associations and all members of IVV-Europe play a central role here. They play a key role in ensuring that this magazine is truly received and heard by all members. Only together can we ensure that information, ideas, and advice find their way to every single hiking enthusiast. However, it should not only inform existing members, but also appeal to new interested parties and win them over to the great world of hiking. In this way, we can ensure that the IVV community continues to thrive and grow.

We are open to any topic and welcome all your comments and suggestions. The exchange among each other is of great importance, because only in this way can we learn from each other and grow together. Your opinions are important to us and they help us to continue to improve the IVV.

Let us pursue our common goals in the coming year as well: health through exercise, fun while hiking, and creating friendships across borders.

With this in mind, I would like to thank you all for your commitment and passion.

Together, we are making hiking a source of strength for body and soul.

Happy New Year and may you find joy in all you do!

Best regards,

Romain Buschmann

President IVV-Europe

IVV-EUROPE: AKTIV !
Text - Layout - Traduction

© Romain Buschmann



Redesign of the Newsflash

The IVV-Europe Newsflash has been redesigned and is now called



this to better meet the changing needs and expectations of its readers, providing more comprehensive and up-to-date information to help build a vibrant European Volkssport community

At the same time, the layout has been revised to make it clearer and more user-friendly, making information more accessible

It is aimed not only at IVV members, but at anyone interested in Volkssport, in order to appeal to a broader target group. It places particular emphasis on two-way communication, as it not only wants to inform, but also to promote exchange and active participation.

What is the new IVV-Europe: Active!?

Discovery – Community – Vitality – Adventure – Inspiration – Diversity – Sustainability – Motivation – Success Story

- Discovery*** : Explore new paths and destinations in Europe.
- Community*** : Connect with like-minded people and share your passion for exercise.
- Vitality*** : Promote an active and healthy life.
- Adventure*** : Experience exciting challenges and unforgettable experiences.
- Inspiration*** : Be inspired by stories and reports from other activists.
- Diversity*** : Discover Europe's diverse cultures and landscapes.
- Sustainability*** : Commit to an environmentally friendly lifestyle.
- Motivation*** : Find the incentives to stay active and achieve your goals.
- Success story*** : Read about the successes of others and be inspired.

IVV-Europe: Recommendations for guidance – Implementation is the responsibility of the national associations and clubs

IVV-Europe only suggests recommendations and advice for organising events and promoting popular sports at the European level. The implementation of these suggestions is the responsibility of the individual national associations and clubs. There is no obligation on the part of the national associations or clubs to follow or implement these recommendations.

IVV-Europe offers support and guidance, but it is for each national association and local club to decide whether and to what extent they incorporate this advice into their own planning and activities.

Responsibility for the organisation and running of events therefore remains entirely with the respective national associations and clubs.

As of 1 January 2025, IVV-Europe is pleased to count the following partners among its community.

A European walking association benefits from partnerships with European companies through shared values, local expertise, the promotion of a European identity, support for the regional economy, and legal and logistical advantages.

These partnerships strengthen the association, promote innovation, and contribute to sustainable development.



The European Ramblers Association (ERA) is a Europe-wide federation of walking associations and organisations that promotes hiking, maintains European long-distance hiking trails and supports nature conservation.



Jack Wolfskin is a leading outdoor brand that develops high-quality clothing, equipment and accessories for adventures in nature and is committed to sustainability and environmental protection.



Visorando is a digital platform and app that offers hiking enthusiasts detailed routes, maps and community-based tips for outdoor adventures.



CIMALP is a French outdoor brand that develops innovative, sustainable and high-performance equipment for mountaineering and outdoor adventure.



PTA-Tours is 'our' tour operator, specialising in tailor-made group tours and offering a wide range of experiences for hiking and nature enthusiasts.



Mad in Maroc is a tour operator that offers authentic and tailor-made experiences in Morocco, with a focus on culture, nature and adventure.

Strong partnerships, strong community –
show your support for those who also strengthen us!

As of 1 January 2025, we are pleased to announce that we now have 15 members!

We are particularly proud that the ****DVV, IVV-Germany**** is once again officially part of our community.

Here's to a strong and successful partnership - thank you for your trust and cooperation!



Together we can achieve more



The value of statistics: why figures matter

Data for success: how participant statistics optimise IVV walks and shape the future of popular sports

Statistics are of central importance for the successful planning and execution of IVV walks and Volkssport events. They form the foundation on which all crucial planning processes are built, and enable precise, results-oriented organisation. Without this reliable data, it is almost impossible to design events in a way that meets the needs of the participants while also making efficient use of the available resources. In particular, the collection of participant numbers and the documentation of nationalities and club affiliations is of great importance for successfully managing both the event itself and the long-term development of the Volkssport.

Participant numbers as a basis for planning

Accurately recording the number of participants is one of the most important tasks in planning IVV hikes. It affects all key planning areas: How large do the start and finish areas need to be, what capacities are needed for supply stations, and how many parking spaces need to be planned? These data are not only important for the logistical organisation, but also for financial planning. Accurate budgeting requires an exact estimate of the resources required, such as food, medals, materials and personnel. Without reliable participant numbers, it is almost impossible to calculate these resources correctly. This inevitably leads to a miscalculation of the required capacities, which could be either over- or undersized – with a corresponding impact on the quality of the event.

Gathering information on the nationalities and clubs of the participants

In addition to the number of participants, information on the nationalities and club affiliations of the participants is also very important. This data makes it possible not only to assess the international reach of the event, but also to analyse the strength and connections between the participating clubs. This can be used to identify international trends, target underrepresented nations and align the event accordingly. In addition, it strengthens the bonds within the Volkssport community by developing special offers for club groups. This creates a strong sense of community that connects people across national borders. At the same time, collecting this data provides valuable comparative values for future events and offers a solid basis for planning and optimising the participant structure. The continuous evaluation of these figures helps to increase the attractiveness and reach of Volkssport in the long term.

Optimising participant arrival and departure processes

In addition to the number of participants, their exercise and travel habits are also of great importance. This includes data on travel behaviour, such as the use of public transport or cars, which is crucial for planning parking spaces, shuttle services and public transport connections. Analysing preferred start times is also essential to avoid bottlenecks and waiting times and to make the event run as smoothly as possible.



The value of statistics: why figures matter

Improving future IVV hikes through statistical analysis

Analysing statistical data from past events is an essential step in further optimising future IVV hikes. Detailed feedback and comprehensive data analysis can be used to derive valuable measures that take the organisation and execution of events to an even higher level. For example, the size of the event and the resources used can be specifically adapted to actual demand. This helps to prevent both overcapacity and under-supply, and ensures that the event offers participants the best possible experience. In addition, schedules, route options and supply stations can be further improved and adapted to the needs of participants based on this data.

Another important aspect is the targeted support of international participants and clubs. Collecting this data provides the opportunity to address them directly and encourage their participation with special offers and invitations. This not only increases the internationality of the event, but also its diversity and attractiveness.

Conclusion

In summary, it can be said that the continuous collection and precise evaluation of statistical data is an indispensable basis for the successful planning and implementation of IVV hikes and public sports events. It enables precise resource planning, ensures efficient organisation and increases participant satisfaction. Only with this in-depth data can IVV organisations ensure that they are working in a results-oriented manner and can continuously improve future events. Collecting data on participant numbers, nationalities, club affiliations and travel behaviour is not only important for the organisation of the current event, but also helps to strengthen international networking and the sense of community in Volkssport in the long term. IVV organisations are thus in the unique position of actively shaping the future of Volkssport and promoting a vibrant, international community through the targeted use of data.

It would be useful if all organisers of the 5 Nations Cup events could keep consistent statistics. These would not only provide a solid foundation for planning future events, but also serve as a valuable basis for future cooperation and optimisation of joint activities. Such a centralised collection and evaluation of participant data could help to continuously improve the efficiency and quality of this and other cups, and strengthen cooperation between the participating nations. Collecting and sharing important information in this way will make the 5 Nations Cup an even more successful and international event in the long term.

The IVV 5 Nations Cup: Your adventure awaits – Discover new things, experience community, celebrate success!

The IVV 5 Nations Cup has established itself as an unforgettable highlight in recent years – a hiking experience that combines nature, exercise and international friendship. Every year, this special event offers the opportunity not only to explore impressive landscapes, but also to get to know new organisers and their unique perspectives.

From experience, we know that the 5 Nations Cup gets even better with each passing year. Organisers plan creative routes and new highlights that make each participation a unique adventure. Hiking becomes a way to strengthen body and mind, while at the same time offering a relaxing break from everyday life.

The diverse routes lead through fascinating cultures and breathtaking natural scenery. They challenge, inspire and motivate walkers to set and achieve personal goals. Whether it's a certificate or a badge, crossing the finish line of each tour is a proud sign of personal achievement.

But the 5 Nations Cup is more than just hiking: It is an invitation to discover welcoming regions, experience local traditions and enjoy specialities. It is a festival of community that brings together people from different countries to share the joy of hiking.

Join in, be inspired and be part of this special hiking highlight, which surprises, inspires and connects every year! Your adventure awaits – where will you start?

RESTART



Clubs that wish to participate in the 5 Nations Cup 2026 can submit their candidacy until 31 March 2025.

Locations of the first 5-Nations-Cup hikes in 2025

18./19.01.2025 Haspelmoor (D) : Naturfreunde Haspelmoor
08./09.02.2025 Clermont (B) : Les Pédestriens
15./16.03.2025 Grolsheim (D) : VSV 1985 Grolsheim e.V.
22./23.03.2025 Niedernai (F) : Les Cigognes d'Alsace

Finisher



2023

Luxembourg	25.6 %
Germany	20.5 %
Belgium	15.1 %
Austria	10 %
France	9.8 %
Czechia	7.1 %
Switzerland	3.5 %
Italy	1.7 %
Denmark	1.7 %
Italy	1.5 %
Hungary	1.5 %
Netherlands	1 %
Norway	1 %

2024

Germany	29 %
Belgium	19.1 %
France	10.3 %
Luxembourg	10.3 %
Austria	8.8 %
Denmark	4.4 %
Italy	1.5 %
Switzerland	1.5 %
Czechia	1.5 %
USA	1.5 %

IVV-Europe congratulates all hiking fans who have mastered the demanding challenge of the FELIX-Cup: four IVV hikes in four European IVV member countries! You have proven your passion for hiking across borders and thus shown that exercise, nature and community know no borders.

A special thank goes to the national associations and clubs that supported the sale of the FELIX-Cups with their commitment. Thanks to your support, this initiative was a great success and inspired even more people to go hiking.

We are particularly pleased that Germany, Belgium and France have seen an increase in the number of participants. This shows that the FELIX-Cup appeals to more and more people and strengthens the European hiking movement.

You are all part of this success story, and we look forward to seeing you on the paths of Europe in the years to come.

Finisher



In 2024, participants from the following member countries have successfully completed the CHALLENGE CUP with 2,024 kilometres of hiking.

Luxembourg	26.5 %
Germany	20.5 %
Belgium	14.5 %
Czechia	14.5 %
France	9 %
Austria	9 %

IVV-Europe congratulates all hiking fans who have mastered the impressive challenge of hiking the year 2024 in kilometres. Your commitment, your endurance and your love of hiking are an inspiration to us all!

A special thanks goes to the national associations and clubs that have supported the sale of the IVV Challenge Cup with great commitment and thus contributed significantly to the success of this initiative. Without your support, this great project would not have been possible.

You have not only achieved personal goals, but also strengthened the hiking movement and brought the hiking community together. Thank you for being part of this challenge!

We are looking forward to the next challenge, this time with 2,025 km.



Why it makes sense to continue the „Challenge-Cup“ in 2025

The Challenge-Cup, which has been running since 2022 and motivates hikers to hike the respective year in kilometres, has established itself as an inspiring and successful concept. This initiative has not only encouraged many people to set themselves sporting goals, but has also reignited the joy of hiking. The challenge of hiking the number of kilometres corresponding to the year offers an exciting prospect for testing personal limits while strengthening a sense of community among participants.

The continuation of the challenge in 2025 helps to maintain the motivation and enthusiasm of the walkers. It provides a clear, measurable incentive while promoting the physical activity and health of the participants. In addition, the annual adjustment of the mileage creates a fresh and symbolic connection to the respective year, which makes the challenge new and exciting every time.

By continuing the challenge in 2025, it remains an important part of the IVV-Europe offering and a valuable tool to increase the attractiveness of hiking. By combining a personal goal with a community experience, it offers a unique approach that appeals to and inspires hikers of all ages.

An attractive start to ‘Challenge 2025’ – quality at an unbeatable price

For ‘Challenge 2025’, we have made a significant adjustment to make the experience more accessible to all participants. Due to a sharp increase in the production costs of medals and pins, we have decided to take a new approach – without reducing the value or quality of the rewards.

Instead of medals, participants can expect a personalised certificate and a high-quality patch that not only serves as a proud award but also as a lasting symbol of personal achievement. This combination is not only a stylish recognition, but also a symbol of the community and success that make up the ‘Challenge’.

With an entry fee of just **€10**, the price is significantly lower than for last year's event. This significant reduction shows that we attach great importance to making the challenge affordable for as many hiking enthusiasts as possible – without compromising on attractiveness or value.

Start 2025 with a clear goal and enjoy the feeling of being part of a large, motivated hiking community. Join in, experience the joy of hiking, and secure your awards – a milestone that will last!



Guided walks: an opportunity for IVV clubs

The importance of guided walks in the context of IVV clubs

Guided walks play a central role for IVV clubs, especially in an era when professional providers and commercial offers are increasingly dominating the market. They offer a valuable opportunity to promote the sense of community and regional characteristics of the sport. Compared to commercial providers, IVV hikes are characterised by their family-friendly and inclusive atmosphere, where participation is the main focus rather than achieving individual best performances. This focus on community makes them an indispensable part of the association's work and strengthens understanding of nature and culture.

Membership recruitment through guided hikes

For IVV clubs, attracting new members is essential to long-term success. Guided walks provide an ideal platform for introducing interested parties to the club's values and offerings. The personal contact and relaxed atmosphere create a low-threshold entry point, especially for people new to hiking. The hiking guides have the opportunity to interact directly with the participants, motivate them and convey the club's identity. This direct experience not only promotes a sense of community, but also a stronger bond between the new members and the club.

Quality of the offer

The quality of the guided hikes is crucial to stand out from commercial providers. While volunteer hiking guides often bring a great deal of passion to the job, targeted preparation and continuous training are essential to optimise the experience for participants. Expertise in areas such as natural history, first aid and communication, as well as compliance with safety standards, are crucial to success. In addition, interactive elements such as themed walks or cultural excursions can enrich the offering and appeal to a broader target group.

Bonding

Guided walks provide a valuable opportunity to strengthen social bonds within the group. Sharing experiences and providing mutual support along the way fosters a strong sense of belonging. It is crucial that the pace of the walk is suitable for all participants in order to do everyone justice. Hiking guides play a key role in this, leading the group in harmony and looking out for the well-being of all participants. Their ability to recognise and address conflicts such as the group pace being exceeded at an early stage helps to preserve the values of popular sports and promote a sense of community.

Conclusion

Guided hikes are a valuable tool for IVV clubs to attract and retain members, while strengthening the sense of community and culture of popular sports. Continuous improvement of the hiking quality, coupled with professional training of the hiking leaders, is essential to meet the challenges of modern times. By focusing on community, nature and cultural experiences, IVV-led hikes can not only compete against commercial offers, but also establish themselves as a unique alternative that keeps participants coming back. In this way, the IVV Volkssport can not only grow, but also position itself as a sustainable and inclusive model for future generations.



The hiking guide as a guarantee of quality

IVV hiking guides differ from traditional tourist guides in that they do not need extensive knowledge of the region's attractions or cultural aspects. Instead, they are experienced hikers who accompany the group and prioritise the shared experience. Their main task is to guide the group safely and at a comfortable pace through nature, with less of a focus on in-depth knowledge of the region.

IVV hiking guides are familiar with the needs of the participants and know how to successfully manage the dynamics within the group. They ensure that the pace remains comfortable for everyone, regardless of fitness level and experience, and promote a sense of community. They are careful to recognise conflicts such as inappropriate speeds and to encourage the group to enjoy a harmonious get-together.

Unlike professional tourist guides, who often focus on imparting historical or cultural knowledge, the IVV hiking guides concentrate on an integrative and sociable event. The atmosphere should be inviting and relaxed, with the focus on the joy of exercise in nature and on spending time together.

This approach sets the IVV apart from commercial providers, who often focus on imparting knowledge or exclusive experiences. The IVV hiking guide ensures that every participant, regardless of experience or fitness level, can enjoy the hike in a pleasant setting, without the focus being on competition or individual best performances. This creates a unique experience that strengthens the sense of community and promotes a deep connection to nature.

The quality of IVV hiking guides and guided hikes can be significantly improved through targeted training, standardised procedures and the strengthening of social and professional skills. Hiking guides should be seen as ambassadors of the IVV, embodying and passing on the values of popular sports. High-quality guided walks are not only an experience for the participants, but also an effective way to attract new members and keep the IVV attractive and competitive in the long term.



The role of IVV-Europe in developing best practice guidelines for guided walks: An opportunity to promote safety, quality and community

It is particularly valuable that IVV-Europe provides a platform to create general guidelines for guided walks and to compare them within the community. This creates the opportunity to develop best practice standards that have a positive impact on several levels:

- 1. Safety:** Standardised guidelines ensure clear safety precautions that minimise the risk of accidents and guarantee a safe hike.
- 2. Quality:** Standardised guidelines ensure a consistently high quality of hikes and strengthen the trust of participants.
- 3. Community:** Common guidelines promote a sense of community and exchange among participants.
- 4. Sustainability:** Standardised rules promote environmentally friendly behaviour and respectful interaction with nature.
- 5. Flexibility:** Best practice examples enable hiking guides to react flexibly to different situations.
- 6. Further training:** Guidelines facilitate the training of hiking guides and contribute to professionalisation.
- 7. Participant Satisfaction:** Clear guidelines increase participant satisfaction and encourage repeat participation.
- 8. Exchange:** Comparing guidelines enables the exchange of knowledge and learning from successful practices.

IVV-Europe can thus make a significant contribution to strengthening quality and community within the walking movement, while establishing innovative standards for guided walks.

Invitation to national associations and clubs:

As IVV-Europe, we invite you to contribute your own personal guidelines and best practices for conducting guided walks. By sharing your experiences and advice with us, you will help to create a comprehensive list of recommendations that will benefit all members.

Let's work together to develop a valuable catalogue that will further improve the quality of our walks and strengthen the sense of community for all participants.



Guides Walks Guidelines - MODEL

A guided IVV hike must be carefully planned and executed to provide participants with a safe and enjoyable experience. Here are some ideas and best practices for organising one:

1. Training of the hiking guide

- Hiking guides should have good knowledge of first aid, orientation and communication.
- Participation in training on specific guidelines and standards is an advantage.
- Regular guiding of hikes to promote safety and competence is an advantage.
- Hiking guides should know the route, including potential danger spots, alternative routes and places of interest.

2. Welcome and introduction

The walk should start with a short welcome to greet the group.

The guide introduces themselves and gives an overview of the walk and rules of conduct. They ensure that all participants are wearing appropriate clothing, footwear and have the necessary equipment.

The guide should be clearly recognisable as such.

3. Group size

- Recommended group size: 10-20 people, to ensure good oversight and communication. - For larger groups, additional guides (co-guides) should be used. For very large groups, it may be useful to divide them into smaller groups, each with its own guide.

4. Walking pace (already communicated in the invitation to participate)

- The pace should be based on the slowest participant.
- Schedule regular breaks, approximately every 30-60 minutes depending on the route and weather.
- Make sure the pace is steady and comfortable for the majority of the participants.
- Start slowly and adjust to the group level.

5. Safety and first aid

- The hiking guide should always have a first-aid kit and a mobile phone with them.

6. Route planning

- The route should be checked and approved by the hiking guide or the local hiking club.
- The route should be appropriate for the target group (e.g. beginners, advanced, families).

7. Documentation and feedback

- There should be a possibility to stamp hiking passes at the start or end point.
- Document the number of participants and their data (if required).
- Collect feedback after the hike to improve future events.

8. A social get-together after the hike strengthens the sense of community, promotes exchange and relaxation, and offers an ideal opportunity to present information material from the organising club to promote interest and member retention.

Your suggestions, our progress – get involved!

Help us to further develop and complete these guidelines. Your comments, suggestions and proposals are important to us! Please send us your feedback by 28 February 2025 at the latest.

The finalised Best Practice Guidelines will be published in the next issue of IVV-Europa-Aktiv and will also be available for download on our homepage.

Together we can become even better!



Aktiv!

European long-distance hiking trails

Invitation to all interested national associations and member clubs:

Take the opportunity to publicise your planned hikes on the European Long-Distance Hiking Trails – E – and benefit from the advantages of digital IVV-Europe certificates!



By publicising your hike on a section of the European Long-Distance Hiking Trails, you not only gain greater visibility for your event, but you can also award participants an exclusive digital IVV-Europe certificate. These certificates are a special recognition for participation in hikes and strengthen the commitment to the Volkssport.

Join us and offer your hiking friends an extra motivation to explore the European long-distance hiking trails by participating in international hiking events. Publish your planned hike and benefit from the reach and digital certification that will further increase the success of your event.

We look forward to receiving your registration and working with you to promote cross-border hiking!

Fernwanderweg	geplante Strecke	fertiggestellt
E1 (ca. 7000 km)	vom Nordkap bis Sizilien	Nordkap (N) bis Salerno (I)
E2 (ca. 4850 km)	von Galway bis Nizza	von Hoek van Holland (NL) bis Nizza (F)
E3 (ca. 6950 km)	von Kap St. Vincent bis Istanbul	von Santiago de Compostela (E) bis Nesebăr (BG)
E4 (ca. 10450 km)	von Kap St. Vincent bis Zypern	von Málaga (E) bis Kreta (fehlendes Teilstück durch Rumänien)
E5 (ca. 3050 km)	von der Pointe du Raz bis Venedig	von der Pointe du Raz (F) bis Verona (I)
E6 (ca. 5200 km)	von Kilpisjärvi bis zu den Dardanellen	von Norrtälje (S) bis Koper (SLO)
E7 (ca. 5000 km)	von den Kanarischen Inseln über Lissabon bis zur Ukraine	von Monfortinho (P) bis Nădlac (RO)
E8 (ca. 7500 km)	von Dursey Head bis Istanbul	von Dursey Head (IRL) bis zu den Beskiden (Grenze PL/UA), Rumänien, Bulgarien (teilweise)
E9 (ca. 5000 km)	von Kap St. Vincent bis Narva-Jõesuu	von Hendaye (F) bis Braniewo (PL)
E10 (ca. 2880 km)	von Nuorgam bis Tarifa	von Rügen (D) nach Ulldecona (E) (fehlende Teilstücke in I und F)
E11 (ca. 4610 km)	von Den Haag bis Tallinn	von Den Haag (NL) bis Tallinn (LT)
E12 (ca. 2880 km)	von Spanien bis zum Adriatischen Meer	von Ceuta (E) über Barcelona (E), Nizza (F), Genua (I) und Salerno (I) bis Koper (SLO)



Combine with our partner P.T.A.Tours 'IML Walkers Festival of Lithuania' from 2 - 3 August 2025 and the 'IML VAASAN MARSSI' from 8 - 10 August 2025

Welcome to Tampere, the vibrant city in the heart of Finland!

Tampere is an up-and-coming destination for travellers seeking culture, nature and culinary delights.

Explore the breathtaking landscape along the Tammerkoski river or discover the picturesque lakes and forests in the surrounding area. The city offers a variety of cultural experiences, including the largest theatre in Finland, Tampereen Teatteri, as well as the Tampereen Työväen Teatteri, which specialises in social and political theatre. You can also find the famous Moomin Museum nearby, which brings the stories of the popular Finnish children's book characters to life.

The natural surroundings around Tampere offer numerous opportunities to experience the Finnish landscape. Located in the middle of a stunning environment of lakes, rivers, forests and hills, the city offers many hiking trails through the picturesque surroundings. Visit Pyyrikki Park for breathtaking views of the city and Lake Pyhäjärvi, or hike along well-maintained trails through untouched forests and discover crystal-clear lakes in Seitsemänen National Park.

Tampere is a culinary paradise. Try traditional Finnish dishes such as Karjalanpiirakka, Riisipuuro and salmon cooked in a sauna, and enjoy modern cuisine in one of the city's many restaurants.

So let's look forward to a friendly get-together in a unique natural setting.



IVV Olympiad
19th Volkssport festival
Tampere, Finland
14.-17.08.2025

The Olympic Village is located in the centre of Tampere, at Keskustori (Central Market).

The opening and closing ceremonies take place on the Laikun Lava stage, not far from Keskustori in the beautiful park.

All walking routes and orienteering events start from the Olympia Village.

The walking routes also end in the Olympia Village, where you can get the IVV stamp.



IVV-Olympiade 2027

*Pioneering partnership
focuses on hiking and cycling*



The Luxembourgish Hiking Federation (FLMP) and the Luxembourgish Cycling Federation (FSCL) have reached an important agreement for the IVV-Olympiade 2027 in Luxembourg. For the first time, hiking and cycling will be equally featured main activities in the programme.

The FLMP will take over the planning of the four-day event as the main organiser, while the FSCL will design the cycling programme with its member clubs. The aim is to encourage a wide audience to actively participate and to establish the event as a health-promoting event that also offers opportunities for socialising and fun.

The cooperation serves as a model for other associations to follow. In this way, the IVV Olympiad is to become a showcase project for international mass sports. The focus is on sports without competitive pressure, with the emphasis on the fun of movement and exchange.

The event will offer a varied programme that should appeal to many people due to moderate entrance fees. Further details will follow in the coming months.



Fédération Luxembourgeoise de Marche Populaire
Fédération du Sport Cycliste Luxembourgeois
Fédération Luxembourgeoise de Natation et de Sauvetage

B.P. 56
L-9201 Diekirch

email :
homepage :

Tel :

Compte :
Banque Raiffeisen
LU16 0099 7800 0059 6551



Obituary of Mitsumasa Miyashita

It is with great sadness that we learned that Mr Mitsumasa Miyashita, affectionately known as 'Mitsu' in the IVV, passed away at the beginning of January.

Mitsu was an outstanding personality in the IVV family. For many years, he dedicated himself with passion and commitment to the promotion and development of the popular sport, especially in Asia. As a long-standing president of IVV Japan and president of the IVV Asia continental association, he significantly shaped the development of the popular sport in the region. His tireless work and commitment also made him a valued member of the IVV Presidium and the IVV General Presidium.

His impact went far beyond organisational tasks. Mitsu was a bridge-builder who brought people together through sport and promoted international friendships. We will never forget his warmth, sense of humour and unwavering commitment.

With Mitsu's passing, the IVV has lost not only a dedicated colleague, but also a true friend. Our deepest condolences go out to his family and all those close to him.

We will miss Mitsu, but his legacy will live on in the IVV community.

In silent remembrance,
on behalf of the IVV-Europe- family



It's time to get ACTIVE

Moving Europe together – for more networking, visibility and success in popular sports!

Become a member now!

Become part of the IVV Europe family and join our network of hiking, cycling and swimming enthusiasts, because it has never been more important than it is now to promote exercise, health and intercultural exchange. As a national or individual club, you will benefit from international visibility by presenting your events to a broad European audience. We also offer you support and the opportunity to exchange ideas with other clubs and associations and to implement joint projects. At the same time, you will receive Europe-wide recognition for your activities while we work together to strengthen popular sports and promote an active lifestyle for all generations. Become part of a network that transcends borders and connects people, and help shape the future of popular sports in Europe. For more information, please visit our website.

We look forward to welcoming you to our community.



Contact :

IVV-EUROPA • IVV-EUROPE
Europäischer Volkssport Verband a.s.b.l.
Fédération Européenne de Sports Populaires a.s.b.l.
European Federation of Popular Sports (EFP)

Kontakt/Contact • B.P. 56 • L-9201 Diekirch • GSM: (+352) 691 302 687 • E-Mail: info@ivv-Europa.eu

N° registre de commerce: FB455